

NATIONAL ALLIANCE FOR EATING DISORDERS



why **THE ALLIANCE**

The Alliance is the only national eating disorder organization to provide free, weekly, clinician-led eating disorder support groups for individuals and their loved ones. These communities not only aid in decreasing isolation, they also provide individuals with a sense of belonging. The Alliance's groups create a space where participants can feel seen, heard, supported, and valued. In 2023, more than 20,500 participants from all 50 states and 83 countries around the world attended our support groups.

THE FACILITATOR *commitment*

- ◆ Hold a clinical license* in therapy or nutrition (LMHC, LCSW, PhD, PsyD, RD)
Limited permit/registered intern level of licensure if okay to apply with further review in the interview process. Must have active and continued supervision with a fully licensed clinical supervisor outside of The Alliance. We do not accept volunteers or undergraduate interns
- ◆ At least one year of working with eating disorders in a clinical setting
- ◆ Uphold cultural and clinical competency: adhere to anti-racist, size inclusive, and queer affirming philosophies and practices
- ◆ Co-facilitate at least 2 groups per month in addition to willingness to sign up for a 3rd shift as an alternate
- ◆ Attend one monthly facilitator supervision of your choice [compensation provided]
- ◆ Attend quarterly check-in meetings for your primary groups
- ◆ Participate in at least one of our annual virtual support group events
- ◆ Attend our mandatory, annual, in-person facilitator retreat

THE FACILITATOR *investment*

- ◆ Receive monthly stipend of \$50-\$65/group + \$50/supervision (after minimum groups met)
- ◆ Hours work towards certifications and further licensure needs (Supervisors: Dr. Joann Hendelman PhD CEDS-C, Rachel Rifkin LMHC CEDS, and additional external supervisors)
- ◆ Annual retreat includes up to 6 CEs, fully covered participation, and option to bring family
- ◆ Free registration to Alliance National Education training days & CE events
- ◆ Built-in network of nationwide eating disorder professional community
- ◆ Giving back to the community- reaching tens of thousands of individuals in need of support, both locally and around the globe

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THE FACILITATOR *application*

- ◆ Complete facilitator application form
- ◆ Observe at least one of our virtual support groups
- ◆ Interview upon review of application
- ◆ Group interview upon review of initial interview
- ◆ Upon review, position offered and begin onboarding & orientation process

THE FACILITATOR *orientation*

- ◆ Upon accepting offer, complete onboarding documents
- ◆ Complete 3-part new facilitator training (compensation provided)
 - Part One: 3 hour training
 - Part Two: Group Observation
 - Part Three: 1 hour training
- ◆ Provisional Facilitator Period (2 months)
 - Co-facilitate 2-4 groups with additional support
- ◆ Transition to fully trained co-facilitator upon review of provisional period

TO ACCESS APPLICATION FORM AND MORE DETAILED INFORMATION ON THE FACILITATOR POSITION AND THE ALLIANCE, PLEASE VISIT THE FACILITATOR APPLICATION PAGE ON OUR WEBSITE:

[ALLIANCEFOREATINGDISORDERS.COM/FACILITATOR-APPLICATION/](https://allianceforeatingdisorders.com/facilitator-application/)

We strongly encourage people of color, lesbian, gay, bisexual, transgender, queer, and non-binary people, veterans, parents, and individuals with disabilities to apply. The Alliance is an equal-opportunity employer and welcomes everyone to our team. Please let us know if you need reasonable adjustments at any point in the application or interview process.

The National Alliance for Eating Disorders is an equal opportunity employer and complies with all applicable laws prohibiting discrimination based on race, color, religion, sex, sexual orientation, age, national origin or ancestry, body shape/size physical or mental disability, marital status, abilities, and any other basis protected by federal, state, or local laws. We are committed to the equal opportunity for employment and advancement in all of our departments and programs. We respect and value diverse life experiences and heritages, and work to ensure that all voices are heard and valued. All such discrimination is unlawful, and all persons involved in The Alliance's operations are prohibited from discriminating in this type of conduct.

Contact: Rachel Rifkin, Associate Director of Support Groups
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